

Books for Mentoring Teens

The following list is composed of books that can be very helpful to work through with your older teenage children, say, 16 and up. Read one or two chapters per week and then meet to discuss. Alternatively, take turns reading a portion of the chapter aloud, discussing each portion as you work through the chapter.

Boyhood and Beyond, Bob Schultz: an outstanding book that teaches virtues every young man should strive for.

Screwtape Letters, C.S. Lewis: a series of fictional letters that explore the many ways temptation can be encountered.

Celebration of Discipline, Richard Foster: Discusses 12 spiritual disciplines (e.g., meditation, study, solitude and so forth) with a chapter devoted to each.

I Kissed Dating Goodbye, Joshua Harris: An thought provoking treatment of courtship that will be valuable even if your young man or woman does date before they court.

When God writes your Love Story, Eric & Leslie Ludy: God's way to true, lasting love between a man and a woman

What Wives Wished their Husbands Knew About Women, James C. Dobson: A highly informative book to go through with older teenage boys to help prepare them for a healthy relationship with their future mate.

Mere Christianity, C.S. Lewis: An outstanding book that helps a person understand the key 'why' questions that many people deal with. For me, this is a required book for all my children.

Marks of Manhood <http://www.boundless.org/adulthood/2009/the-marks-of-manhood> An online article that looks at 13 aspects of manhood.

God Space by Doug Pollock: Teaches your young men and women how to share their faith in a socially savvy and attractive way.

Would you Like to Know God Personally? Power to Change Resource Centre: A small booklet that is a summary of the Gospel. Excellent for helping your children understand the Gospel, how to share it with others, and as something to leave with another person.

Have you Made the Wonderful Discover of The Spirit Filled Life? Power to Change Resource Centre: How to live a Spirit-filled life moment by moment and day by day. The principles in this booklet can help break a person out of spiritual stagnation and into a fruitful Christian life for the remainder of their days.